



<b>REPORT OF:</b>	Head of Health and Wellbeing
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<b>TO:</b>	OVERVIEW & SCRUTINY COMMITTEE
<b>DATE:</b>	12 October 2017

<b>WARD (S) AFFECTED:</b>	ALL
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<b>SUBJECT:</b>	<b>DEMENTIA SERVICES IN THE BOROUGH</b>
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**RECOMMENDATIONS:**

- (i) That the Overview and Scrutiny Committee note the report.

**SUMMARY:**

This is a report to the Overview and Scrutiny Committee concerning the Council's support for dementia sufferers within the borough. This report was requested by the Overview and Scrutiny Committee at the 13 June meeting of the Committee. A detailed report containing an overview of the support provided by, and in partnership with, the Council is attached as Annex 1.

**CONTEXT:**

1. At the meeting of the Overview and Scrutiny Committee on 13 June 2017, the Committee received a report on the Council's progress on its 5 Year Plan within 2016/17. At this meeting, the Committee requested that a report be provided to the Committee at a forthcoming meeting on the Council's support for dementia sufferers.
2. Pursuant to this request, the attached report (Annex 1) sets out the current dementia services that Reigate and Banstead Borough council operates and the other local specialist providers that the council supports.
3. There is no statutory obligation for the authority to provide and operate services for people with Dementia.
4. However, as part of its 5 Year Plan, the Council aims to support all its residents to enjoy healthy and happy lifestyles. This is the 'People' pillar of the 5 Year Plan's three key pillars: People, Place and Organisation.
5. One of the Council's priorities within the plan is to work with and support its partners to provide great services for older people to help them stay independent. The attached report in Annex 1 outlines the number of ways in which the Council currently implements this plan.
6. The Alzheimer's Society withdrew its funding from all its Surrey local services in 2017, and in order to try and address this, Local Dementia Alliances and an East Surrey Dementia Working Group were established to consider the gaps in service and continue developing projects as required based on need.

7. The Dementia Alliances will look at the local need and form partnerships to enable and secure funding where required. There will be officer representation on the Alliances to ensure that the Council is informed and can provide support and guidance.

**Background Papers:**

For more information on the dementia support services referenced in Annex 1, please see the accompanying address links to the organisations' websites.

The Council's 5 Year Plan is available on the Reigate and Banstead Council website at the following address: [http://www.reigate-banstead.gov.uk/info/20205/plans\\_and\\_policies/280/our\\_5\\_year\\_plan](http://www.reigate-banstead.gov.uk/info/20205/plans_and_policies/280/our_5_year_plan)

## Reigate and Banstead Dementia services

Over the last four years, the PPPF funding has enabled Ageing Well & Dementia projects to be established, these continue to be operated by external providers. The Alzheimer's Society withdrew its funding from all its Surrey local services in 2017, and in order to try and address this, Local Dementia Alliances and an East Surrey Dementia Working Group have been established to look at the gaps in service and continue developing projects as required based on need.

### Services currently available from the council

- ❖ Staywell host and support the Dementia Café held once a month at The Banstead Community Centre, accessible to all including families and carers. Meet and greet with a monthly speaker on a topic or local interest group.
- ❖ The Wellbeing Prescription Service – receives referrals from GP patients with early onset Dementia, the Wellbeing Advisors would refer a patient onto the community centres, Dementia Navigators or a local dementia group.
- ❖ Men in Shed's projects include members with early onset Dementia
- ❖ Dementia Friendly Cinema Screenings at The Harlequin Theatre, accessible for those suffering with Dementia, their families and carers. A fun and inclusive monthly experience to enable people living with dementia to attend the cinema in a safe and welcoming environment
- ❖ Dementia Friendly Training for all staff, currently we have 220 council staff trained
- ❖ Dementia swimming sessions – agreement with GLL to run these in all centres later in 2017.

### We will continue to support and work with the following local experts and providers with signposting, referrals and networking:

Across the borough, services range from activity clubs based in church halls, tea clubs and Dementia Cafes. Most of the support is focussed in Banstead, Redhill and Reigate, with Horley having very limited options. The services support those with Dementia and their carers, e.g. activity for the sufferer ranging from an hour to a morning giving the carer some respite.

- ❖ **Dementia Navigators** provide information, guidance and support to help you live well, whether you have dementia or are caring for someone with dementia. They'll make sure they fully understand your unique needs and circumstances so you get the right information and support for you. You can self-refer or be referred by a GP or family member. There are two Dementia Navigators operating in our borough.
- ❖ **Sunrise Senior Living** in Banstead and **Ridgemount Anchor Care Home** in Banstead offer Dance for 50+ with Parkinson's and Dementia – An adapted session with a range of activities to enable movement and dance.
- ❖ **'Live at home' based in Redhill, Horley and Merstham** offer day care support, friendship, day trips and holidays. They also operate a Dementia Café at Silvermere in Redhill. Live at Home support people with early onset dementia until they need 121 care. At this point relatives are contacted and other options are looked at, e.g.

day care or a specialist care home. Reigate and Banstead Borough Council and Adult Social Care are currently assisting Live at homes' expansion into the Tadworth/Tattenhams area of the borough.

- ❖ **Age Concern, Banstead and Merstham, Redhill and Reigate** Provide low level support for older people with dementia, e.g. befriending and side by side they would refer onto the Dementia Navigators.
- ❖ **Anchor Homes** Operate a Dementia café and activity afternoon at Barnfield in Horley.

### **Borough Day care and funded services**

The only dementia day care servicing our borough, The Byre in Bletchingley, offers specialist day care and support giving people the opportunity to pursue their hobbies and interests outside of their home and the carers much needed respite. Current opening hours Monday to Friday from 10am to 4pm.

Following a short closure, The Byre has re-opened as a new charity called 'Dementia First' and continues to offer valuable day care services to residents from Tandridge and Reigate and Banstead.

**Pathway for Care** – provides home support for people with Dementia, and additional technical support via monitoring equipment, ranging from discreet wrist devices, plug in monitors and sensors that can be used around the home. All the data collected can be viewed on a tablet for a carer or linked to a family member's device anywhere off site.

### **Dementia alliances**

Dementia Alliances have been established, to take forward new ideas, training for communities, create dementia friendly towns and provide support for local residents living with Dementia. They will link up with all the local providers and Dementia Navigators.

Carer support has also changed this year, from local support to a county wide offer contracted out by SCC, now operated by Action for Carers. This has raised some concerns with older people and dementia support as resources have been notably affected.

### **Reigate and Banstead Dementia Alliance Groups**

[http://www.dementiaaction.org.uk/who\\_we\\_are](http://www.dementiaaction.org.uk/who_we_are)

Further information on the alliances:

- ❖ Merstham Action Alliance:  
[http://www.dementiaaction.org.uk/local\\_alliances/23563\\_merstham\\_dementia\\_action\\_alliance](http://www.dementiaaction.org.uk/local_alliances/23563_merstham_dementia_action_alliance)
- ❖ Redhill and Reigate Action Alliance:  
[http://www.dementiaaction.org.uk/local\\_alliances/22304\\_reigate\\_redhill\\_dementia\\_alliance](http://www.dementiaaction.org.uk/local_alliances/22304_reigate_redhill_dementia_alliance)
- ❖ Banstead Action Alliance:  
[http://www.dementiaaction.org.uk/south\\_east/16675\\_banstead\\_dementia\\_alliance](http://www.dementiaaction.org.uk/south_east/16675_banstead_dementia_alliance)

## Staywell remit

- ❖ To support people living with the early onset dementia
- ❖ To Establish a Dementia outreach support service across the 3 centres for residents in our borough living with Dementia

Their ambition is to create a physical and social environment across all three centres designed to achieve the following outcomes:

- ❖ For people with early onset dementia - promoting users' abilities and independence, respect and dignity in an inclusive environment with a strong sense of place.
- ❖ The Dementia Café at The Banstead Centre, two Borough Councillors awarded their community funds this year to this service in order to grow and expand.
- ❖ for family/carers/friends - a relaxing and positive environment to encourage their involvement in the care of the person with dementia, and provide opportunities for respite for carers themselves within an un-stigmatised setting

Online support is growing and includes the following:

<https://www.playlistforlife.org.uk/>

<http://www.dementiacare.org.uk>

<http://www.alzheimers.org.uk/>

<http://www.housingcare.org/service/ser-info-10669-admiral-nursin.aspx>

## Care Homes in Reigate

There are a number of private care home across the borough, examples:

[https://www.carehome.co.uk/care\\_search\\_results.cfm/searchtown/Reigate/searchchtype/alzheimers-and-dementia](https://www.carehome.co.uk/care_search_results.cfm/searchtown/Reigate/searchchtype/alzheimers-and-dementia)

Other medical providers:

- ❖ First Community Health and Care offer support for Dementia following a medical diagnosis

Delivery of Dementia services locally is a specialist area with professionals and organisations available within the borough and East Surrey to support those in need. Reigate and Banstead Borough Council supports and meets all the relevant partners and regularly signposts individuals to those relevant services. It would not, however be appropriate or possible for the council at this time to deliver these services directly.